



# J/24 National Championships

Royal Nova Scotia Yacht Squadron  
August 19 - 21, 2010

## SAILING INSTRUCTIONS

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2009-2012, amended January 1, 2010.
- 1.2. The prescriptions of the CYA provided in Attachment I will apply.
- 1.3. Racing RRS 41 will be changed as follows:

RRS 41: While racing, RRS 41 applies without modification. In addition, from the time a boat leaves her mooring for the first race of each day until she returns to her mooring, she shall not receive outside help except as permitted by RRS 41 from any outside source other than boats under the direction of the organizing authority or other competitors.
- 1.4. Per RRS 80, advertising shall comply with International Sailing Federation (ISAF) Regulation 20, and International J/24 Class Association rule 2.6.
- 1.5. Bow numbers will be assigned to each boat and will be used as the identification for the boat during the regatta. Bow numbers shall be applied in accordance with the instructions supplied with the numbers and shall remain affixed until after a boat hauls out at the end of the regatta.
- 1.6. Any questions regarding these sailing instructions shall be submitted in writing to the regatta office at the main entrance to the clubhouse. The questions and any answers will be posted on the regatta notice board located in the Ward Room no later than 0800 of the day following submission.

### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the regatta notice board located in the Ward Room.

### 3. CHANGES TO SAILING INSTRUCTIONS

Changes to the Sailing Instructions will be posted by 0900 on the day they will take effect. Any change in the schedule of races will be posted before 1900 the day before the change is to take.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the club's flagpole located on the water side of the clubhouse.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes in the Race Signal AP.'
- 4.3. When flag Y is displayed ashore, RRS 40 applies at all times while afloat. This changes the Part 4 preamble.

### 5. SCHEDULE OF RACES

#### **Tuesday, August 17, 2010**

Registration Desk Open	1700 hrs-2100 hrs
Measurement and Weigh-In	0900 hrs – 1900 hrs

#### **Wednesday, August 18 2010**

Registration Desk Open	0900 hrs – 1900 hrs
Measurement and Weigh-In	0900 hrs-1900 hrs
Last Launch of Competing Boats	1900 hrs

#### **Thursday, August 19, 2010**

Competitor's Meeting	0930 hrs
First Signal	1130 hrs
Latest Time for Warning Signal	1600 hrs

#### **Friday, August 20, 2010**

First Signal	1030 hrs
Latest Time for Warning Signal	1600 hrs

#### **Saturday, August 21, 2010**

First Signal	1030 hrs
Latest Time for Warning Signal	1500 hrs

- 5.1. 11 races are scheduled with a maximum of 4 races per day.
- 5.2. When the race committee intends to start another race on any day, they will display Flag 'R' with no sound from the finishing committee boat while boats are finishing.

### 6. CLASS FLAG

The class flag will be a pink flag bearing the J/24 insignia.

### 7. RACING AREA

Attachment II shows the location of possible racing areas. Each day, the initial location of the racing shall be posted on the official notice board by 0900.

## 8. CHECK-IN, CHECK-OUT

- 8.1. Before the warning signal of the first race each day, each boat shall sail on starboard tack past the stern of a designated race committee boat displaying flag 'L' prior to the warning signal and hail her bow number until acknowledged by the race committee repeating the boat's number.
- 8.2. A boat that retires from a race or does not intend to compete in a race shall notify the race committee as soon as possible.

## 9. THE COURSES

- 9.1. The courses will be windward/leeward, with 5 legs (Course Five) or 4 legs (Course Four) as depicted in Attachment III.
- 9.2. An offset mark will be used in conjunction with mark 1. The offset mark will be placed to the left of the weather mark (looking upwind) at approximately a right angle to the weather leg and approximately 6 - 10 boat lengths (50 - 80 m) to port of Mark 1.
- 9.3. Mark 2 will be a gate consisting of two marks (mark 2p and mark 2s). Boats must pass through the gate and then round mark 2p to port or mark 2s to starboard if the gate is present. If the gate is not present, mark 2 shall be rounded as shown in the course diagram in Attachment III.
- 9.4. No later than the warning signal, the race committee signal boat will display the course designator, the approximate compass bearing and distance for the first leg from the starting line to mark 1.
- 9.5. No course shall be shortened to less than three legs in length. For the purpose of this instruction only, the distance between mark 1 and the offset mark is not a leg of the course. This changes RRS 33.

## 10. MARKS

- 10.1. Mark 1 will be a yellow tetrahedron, mark 1a will be an orange ball or floating flagstaff, Marks 2P and 2S will be yellow tetrahedral.
- 10.2. New marks, when used in accordance with SI 13.1 will be orange tetrahedral. A new windward mark will not be accompanied by an offset mark.
- 10.3. The starting marks will be race committee boats at each end of the starting line.
- 10.4. In the event that the port-end line race committee boat is not in place, it will be replaced with yellow spar buoy.
- 10.5. The finishing marks will be a race committee boat at one end and a yellow spar buoy at the other.

## 11. AREAS THAT ARE OBSTRUCTIONS

Shipping channels designated for commercial and military traffic are designated as obstructions. Navigation markers shall be respected when sailing between the marina and the race course.

## 12. THE START

- 12.1. Races will be started by using RRS 26.
- 12.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 12.3. The race committee working VHF channel will be 72. Competitors may monitor the race committee working VHF channel but may not broadcast on it except in emergencies, to withdraw/retire, or to satisfy the reporting requirements of RRS 44.3(b). The race committee may broadcast the intended time of warning signal and to count down the last ten seconds before the Warning Signal, Preparatory Signal and/or Starting Signal and competitors are encouraged to monitor the broadcast. Failure to make or to receive such broadcasts shall not be grounds for redress.
- 12.4. The starting line will be between a staff with an orange flag on a race committee signal boat at the starboard end and a staff with an orange flag on a race committee boat at the port end.
- 12.5. The starting line shall be to leeward of marks 2p and 2s if these marks are set prior to the start.
- 12.6. A boat that starts more than five (5) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1 A4 and A5.
- 12.7. The race committee will attempt to broadcast bow numbers on VHF channel 72 of boats if:
  - 12.7.1. any part of a boat's hull, crew or equipment is on the course side of the starting line during the minute before her starting signal and she is identified;
  - 12.7.2. any part of a boat's hull, crew or equipment is on the course side of the starting line at her starting signal.
- 12.8. Failure of a boat to hear the recall or warning broadcast, a boat's position in the sequence of broadcast numbers, or failure of the race committee to broadcast any or all numbers shall not be grounds for granting redress (this changes RRS 62.1(a))
- 12.9. When RRS 30.3 (Black Flag Rule) is in effect and a boat breaks RRS 30.3, the race committee intends to redisplay the black flag after the start to notify the fleet that one or more boats will be penalized (this changes RRS 30.3). The race committee also intends to post the sail and/or bow numbers of the boats that have broken RRS 30.3 on the stern of the signal boat and also intends to announce the sail and/or bow numbers via VHF channel 72. Failure of a boat to see or hear her number or of the race committee to post her number or make a broadcast or to time it accurately shall not be grounds for redress. This changes RRS 62.1(a).

## 13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. A change of the next leg of the course will be signaled according to RRS 33.
- 13.2. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.3. If Mark 1 is changed after the start of a race there will be no offset mark (Mark 1a).

## 14. THE FINISH

The finishing line will be between a staff displaying an orange flag on a race committee boat and a yellow spar buoy at the other end of the line.

## 15. TIME LIMITS AND TARGET TIMES

- 15.1. If no boat has passed mark 1 within 30 minutes of the start, the race will be abandoned.
- 15.2. If no boat has finished within 2 hours of the start, the race will be abandoned.
- 15.3. Boats still racing (and that do not subsequently retire, get disqualified, or get redress) 30 minutes after the first boat sails the course and finishes, will be scored TLE (Time Limit Expired, see SI 18.3, Scoring) and should proceed to the starting area if another race is scheduled. The race committee boat at the finishing line will lower the orange finish line flag with a long sound signal when the 30-minute period expires. This changes RRS 35.
- 15.4. The target time for the races is 75 to 90 minutes.

## 16. PENALTY SYSTEM

- 16.1. The Scoring Penalty, RRS 44.3 (SCP) as modified herein, will apply. RRS 44.2 One-Turn and Two Turns Penalties, is deleted.
- 16.2. RRS 44.3(a) is changed such that code flag "I" is acceptable in lieu of the yellow flag,, and the flag used by a boat taking a scoring penalty shall have a hoist of not less than 150 mm and a fly of not less than 200 mm and shall be flown from a leg of the back stay adjuster above the deck.
- 16.3. The reporting requirements of RRS 44.3(b) may be satisfied by contacting the race committee on VHF channel 72. The race committee will post a list of boats that have accepted a scoring penalty on the official notice board.
- 16.4. In addition to the reporting requirements of RRS 44.3 (b), a boat accepting a scoring penalty shall file a "Scoring Penalty Acceptance Form" available at the regatta office at the main entrance to the clubhouse within Protest Time.
- 16.5. After-Race Scoring Penalty - A boat that may have broken a rule of Part 2 or RRS 31 while racing may take a penalty after racing and prior to the start of a protest hearing involving the incident. Her penalty shall be a Scoring Penalty of 40% (ASP) calculated as described in RRS 44.3(c). However, if she caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire. This adds to RRS 44. A boat accepting an After-Race Scoring Penalty shall file a "Scoring Penalty Acceptance Form" at the regatta office at the main entrance to the clubhouse within the Protest Time.
- 16.6. A boat that complies with some but not all of the requirements of 44.3(a), 44.3(b) and SI 16.4 will receive an After-Race Scoring Penalty without a hearing. This changes RRS 63.1.
- 16.7. A boat failing to comply with SI 8.1, Check-in, shall receive a 20% scoring penalty in the next race without a hearing, calculated in accordance with RRS 44.3(c). This changes RRS 63.1 and A5.

- 16.8. Penalties for breaking instructions 1.3, 1.4, 1.5, 8, and 20 to 25 may be less than disqualification if the protest committee so decides.
- 16.9. RRS 64.1(a) is changed to allow the protest committee to assign penalties in accordance with Appendix IV: ALTERNATIVE PENALTIES FOR BREAKING SOME IJCA RULES.
- 16.10. Add to RRS 64.1(c): If a boat receives a penalty when not racing under SI 16.7 or 16.8 that penalty shall apply to the race designated by the jury.
- 16.11. Appendix P is in effect except that P2 is modified such that P2.1 is the only penalty that shall apply. P2.1 is changed to: When a boat is penalized under P1, her penalty shall be a scoring penalty of 20% calculated as described in RRS 44.3(c). The penalized boat does not need to display a yellow flag.

## 17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. RRS 61.1(a) is changed such that the red flag shall have a hoist of at least 150 mm and a fly of at least 200 mm and shall be flown from a leg of the back stay adjuster above the deck.
- 17.2. Protest forms are available at the race office located at the main entrance to the clubhouse. Protests and requests for redress or reopening shall be delivered there within the protest time limit.
- 17.3. The protest time limit is 90 minutes after the after the last boat has finished the last race of the day. The same time limit applies to protests or requests for redress by the race committee and jury about incidents they observe in the racing area. This changes RRS 61.3 and 62.2.
- 17.4. The race committee will post a list of penalties being assigned by the race committee prior to the end of protest time limit. The deadline for requesting redress based on these scores will be either 30 minutes after posting of the penalty notice, or the protest time limit, whichever is later.
- 17.5. Notices will be posted within 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located on the second floor of the clubhouse, beginning as soon as practical after a protest has been filed.
- 17.6. Notices of protests by the race committee or protest committee will be posted. Such posting within the protest time limit satisfies the requirement to inform boats as soon as reasonably possible under RRS 61.1(b).
- 17.7. A list of boats that, under instruction 16.4 have acknowledged breaking RRS 42 or have been penalized for breaking RRS 42 will be posted.
- 17.8. Breaches of instructions 1.3, 1.4, 1.5, 8, and 20 to 27 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 17.9. On the last scheduled day of racing the regatta a request for reopening a hearing shall be delivered
  - 17.9.1. within the protest time limit if the party requesting party reopening was informed of the decision on the previous day;

17.9.2. no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes RRS 66.

17.10. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

## **18. SCORING**

18.1. Four races are required to be completed to constitute a series.

18.2. When fewer than five races have been completed, a boat's series score will be the total of her race scores.

18.3. Boats scored TLE will be scored points equal to the number of boats finishing within the time limit plus two points by the race committee without a hearing. This changes RRS A4.2, A5, and A11.

## **19. REPLACEMENT OF CREW OR EQUIPMENT**

19.1. Under RRS 87, IJCA rule 5.3 is changed as follows:

Crew substitutions declared at registration shall be made in accordance with the Notice of Race clause 4.

19.2. Any substitution permitted will be for 24 hours only.

19.3. The number of crew shall not change during the regatta.

19.4. Substitution of damaged or lost equipment will not be allowed unless authorized by the protest committee. Requests for substitution shall be made to the protest committee at the first reasonable opportunity. Substituted equipment shall comply with IJCA Class Rules.

19.5. Requests for substitution shall be submitted in writing at the race office located at the main entrance to the clubhouse and any reply shall be posted on the regatta notice board.

## **20. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water a boat can be instructed by the race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **21. SUPPORT BOATS**

21.1. Support Boats shall comply with SI 1.4.

21.2. Support boats shall register with the Organizing Authority within the times designated for registration in SI 5 and clearly display the flag or other identification provided.

21.3. Support boats shall stay outside areas where boats are racing from the time of the warning signal for the first start until all boats have finished or the Race Committee signals a postponement or abandonment, unless instructed otherwise by the Race Committee.

- 21.4. Support boats shall carry a VHF radio tuned to the race committee channel 72.
- 21.5. Support boat drivers shall have valid third-party liability insurance of \$1,000,000 or the equivalent and provide proof of coverage at registration.

## **22. TRASH DISPOSAL**

Boats shall not put trash in the water. Trash shall be kept aboard and deposited in a trash receptacle on shore.

## **23. HAUL-OUT RESTRICTIONS**

Boats may be hauled out during the regatta only under written approval of the jury. Such approval shall only be granted when a credible concern of the safety of the hull is demonstrated to the jury.

## **24. DIVING EQUIPMENT, PLASTIC POOLS AND CAREENING RESTRICTIONS**

- 24.1. Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the time and date specified in SI 5 and the end of the regatta.
- 24.2. Careening by any means for the purpose of cleaning or inspecting the hull is prohibited.
- 24.3. The hull may be cleaned at any time by swimming or keelhauling using ropes or cloth.

## **25. RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio or other data transmissions while racing nor receive radio or data communication not available to all boats. This restriction also applies to mobile telephones.

## **26. PRIZES**

Prizes will be awarded to skipper and crews finishing in the top 5 positions.

## **27. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

# ATTACHMENT I

## CYA Prescriptions 2009–2012

Effective 1 January 2009

(including a correction to the prescription to rule F4 contained in the published rule book)

### The CYA prescribes:

#### To the list of Appendices in the table of contents

**Q** Excerpts from the International Regulations for Preventing Collisions at Sea

#### To the Introduction, under Changes to the Rules

*Prescriptions of the Canadian Yachting Association are printed in large italics.*

#### To Part 2 – When Boats Meet (insert after the preamble)

*CYA has provided Appendix Q for guidance when the International Regulations for Preventing Collisions at Sea apply.*

#### Rule 61.2 – Protest Contents

*CYA prescribes that no fee shall be charged for delivering a protest or a request for redress.*

#### Rule 64.3 – Decisions on Measurement Protests (insert directly under the title to the rule)

*CYA prescribes that unless otherwise provided in its class rules, the ISAF Equipment Rules of Sailing shall apply to all classes racing in Canada.*

#### Rule 68 – Damages

*CYA prescribes that a boat that is penalized for causing damage under rule 64 for a breach of these rules shall be considered at fault for the purposes of rule 68.*

#### Rule 70.5 (a) – Appeals and Requests to a National Authority

*CYA so prescribes.*

#### Appendix E5.5(a) (f) – Redress

*CYA prescribes that the definition of entanglement includes the case where boats subsequently become disentangled without outside help.*

#### Appendix E6 – Appendix G Identification on Sails (insert directly under title to the rule)

*CYA prescribes that this rule applies to Canadian boats in all classes.*

#### Appendix F – Procedures for Appeals and Requests (insert after the preamble)

*CYA prescribes that it may delegate an appeal or request for confirmation or correction to an association appeals committee, such as a provincial association appeals committee or a racing association appeals committee. Decisions of an association appeals committee may be further appealed to the CYA.*

## **Appendix F2.1 – Submission of Documents**

*CYA prescribes that no later than 15 days after receiving the association appeals committee's written decision, the appellant may send a further appeal and a copy of the association appeals committee's decision to the CYA. The appeal shall state why the appellant believes the association appeals committee's decision or its procedures were incorrect.*

### **Appendix F2.2(e) – Submission of Documents**

*CYA prescribes that in the case of a further appeal to the CYA, this rule shall apply to the appellant as though it was an initial appeal, and to the appealed committee as though it was the protest committee.*

## **Appendix F3 – Responsibilities of National Authority and Protest Committee**

*CYA prescribes that when an appeal is delegated to an association appeals committee, the responsibilities and actions required of the national authority in this rule, and in rules F4, F5, 71.2 and 71.3, shall be performed by the association appeals committee.*

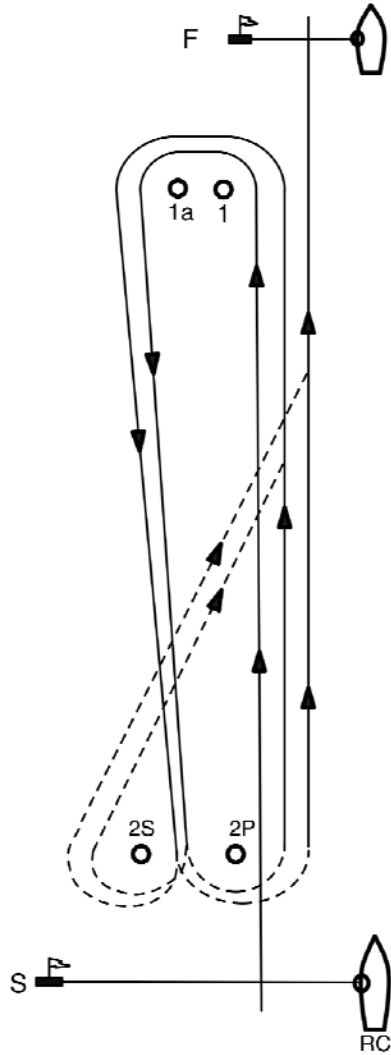
*When a decision of an association appeals committee is further appealed, the CYA shall send to the parties, protest committee and association appeals committee copies of the appeal. No member of the association appeals committee shall take any part in the discussion or decision on the appeal.*

## **Appendix F4 – Comments**

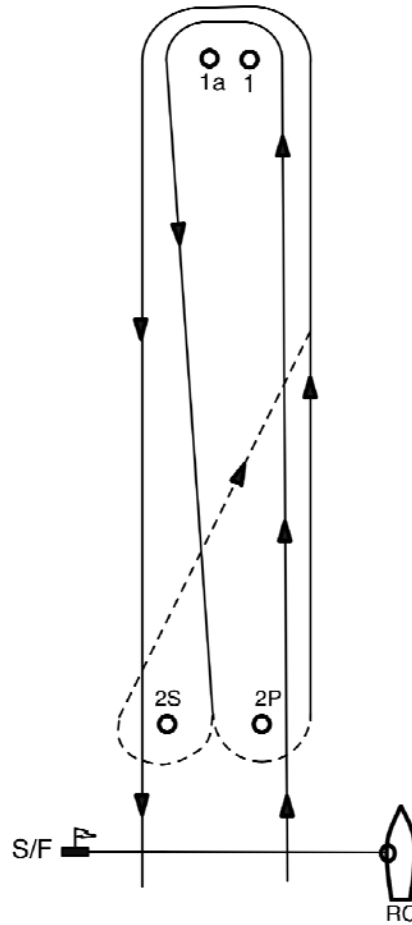
*CYA prescribes that when a decision of an association appeals committee is further appealed, the parties, protest committee and association appeals committee may make comments on the appeal. Comments on the appeal shall be made no later than 15 days after receiving it from the CYA. The CYA shall send copies of the comments to the parties, protest committee and association appeals committee as appropriate.*

## ATTACHMENT III – COURSE DIAGRAMS

COURSE 5  
START - 1 - 1a - 2S/2P - 1 - 1a - 2S/2P - FINISH



COURSE 4  
START - 1 - 1a - 2S/2P - 1 - 1a - FINISH



**NOTE:** If the gate (mark 2p and mark 2s) is not present, mark 2 will be set in place of marks 2p and 2s, and shall be rounded to port. 2S/2P in the rounding sequence for the courses is replaced by 2.